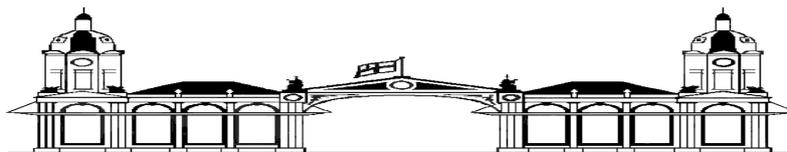


# THE SMITHFIELD GAZETTE



**EDITION 149**

**JULY 2014**

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## **NEW LOOK POULTRY MARKET**

Planning for the long-overdue works to the Poultry Market is underway. This will involve replacing the roof coverings to both the domed and flat roofs of the building, repairing the concrete where necessary, work to the canopy over East Poultry Avenue, rewiring, overhauling the windows and redecorating. No money has been spent on the building in years with the result that many of these items are in a serious state of disrepair. Leaks from the roof are a regular occurrence. The work is due to start in May 2015 and be completed by November 2016. It is a major project with many challenges and, as stated above, long-overdue.

At the same time, we are working towards the re-letting of the vacant units in the Poultry Market. Progress has been slow, but we are getting there. I look forward to the end of 2016 when we will have a revitalised Poultry Market building fully functioning in time for Christmas.

Greg Lawrence CC  
*Chairman, Smithfield Market Tenants' Association*

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## **VISIT OF THE LORD MAYOR TO SMITHFIELD MARKET**

This year, the traditional visit of the Lord Mayor, Alderman Fiona Woolf, will take place on 17<sup>th</sup> July. The Mayoral party will tour the Market and will then be entertained to breakfast at Butchers' Hall by the Smithfield Market Tenants' Association.

## **JOHN SCOTT NEW CHAIRMAN OF MARKETS COMMITTEE**

John Scott CC was elected as Chairman of Markets Committee on 14<sup>th</sup> May in a contest against Michael Hudson, then Deputy Chairman. Mr Scott succeeds Hugh Morris, who became the new Deputy Chairman. Please go to page 3 for a message from the new Chairman.

## **TOUR DE FRANCE COMES TO LONDON ON 7<sup>TH</sup> JULY 2014**

Stage 3 of the UK part of this year's Tour de France is from Cambridge to London and will take place on Monday 7<sup>th</sup> July. The route runs through the Queen Elizabeth Olympic Park, into the East End and then enters the City at Tower Hill. The riders then follow the Thames on Lower and Upper Thames Streets and Victoria Embankment before finishing on the Mall at around 15.30. The race is preceded by a convoy of vehicles and the route, some surrounding roads and Westminster, Southwark and Tower Bridges will be closed to traffic at 10am on the day and re-opened as quickly as possible afterwards. It is intended that all roads will reopen by 6pm. Pedestrian access to properties will be available at all times. Parking on the route and some adjacent roads will be suspended. Drivers are being advised to avoid the area if possible, although vehicle access to roads surrounding the route will be maintained for residents and businesses where possible.

## THE SMITHFIELD GAZETTE COMMENT

When SMTA Chairman Greg Lawrence addresses the Lord Mayor at the annual Breakfast he will undoubtedly pay tribute to the outgoing Markets Committee Chairman, Hugh Morris, and welcome John Scott as his successor. He will also be aware of the manner in which he is able to put forward the views of his tenants.

The City of London divides into 25 Wards. Each Ward determines its affairs whilst accepting the authority of a central administration. Using a democratic electoral system it allows citizens a measure of influence via the Common Council. Smithfield Market is in the Ward of Farringdon Without, which elects ten members to the Common Council. Four of these are traders at Smithfield Market.

Smithfield tenants are 100% City supporters. Smithfield is not just a market, it is the base for the Farringdon Without Ward with its own many voters actively working to support a team of outstanding Common Councilmen.

### CHURCHILL CORNER

Winston Churchill was born 140 years ago on St Andrew's Day 1874 at Blenheim Palace which is set in seven acres of Oxfordshire parkland and where years later he proposed marriage to Clementine Hozier.

She was 10 years younger than him, serious minded as well as beautiful. Churchill became infatuated with Clementine who liked his wit and style. Churchill loved "Clemmie" totally for the rest of his life - she gave him the support and lessons in good sense he so needed. She was indeed the ideal political wife.

At Chartwell between the wars, they enjoyed the Kent countryside where Winston loved to paint, build, maintain the lake and rear pigs. They had pet names for each other and Pig was Churchill who famously said "Always remember, a cat looks down on man, a dog looks up to man, but a pig will look man right in the eye and see his equal."

#### **Quote of the Month**

"Courage is rightly esteemed the first of human qualities.....because it is the quality which guarantees all others."

*Winston Churchill*

## RICHARD CHARTRES BISHOP OF LONDON

It was December and the time of Advent, the clergy was busy, very busy and finding a preacher able to lift the hearts of the elderly veterans of the Burma War was not easy. The service for those wonderful men of the "forgotten army" was to be held in St Lawrence Jewry outside Guildhall and invitations had to be sent without delay, always difficult as time continued to remove heroes from the list.

The SMTA organiser decided to go to the top and rang the office of the Bishop of London. An almost incredulous private Secretary confronted with a request for the Bishop to attend the service made it crystal clear that was it impossible as the Bishop was absolutely committed throughout the Advent calendar. Rebuffed maybe, but unwilling to fall at the first hurdle the SMTA man gently asked if he could contact the Bishop directly without giving offence. The lady on the line repeated that the situation was hopeless but with a touch of humour accepted the next move.

The letter to the Bishop was short and meaningful - a challenge in effect: "Were these veterans forgotten by time, not more worthy of attention before they died than some of his other engagements?" We don't know who missed out, but the Bishop of London stood in the porch of St Lawrence Jewry arraigned in all his finery complete with the huge peaked headwear, shook hands and spoke to each veteran as they took their places in the church. There was many a wet cheek.

When the Bishop gave his address he became even more loved as he put aside the niceties of formal religious banter and went for the throat. His outstanding uplifting words raised the spirit of the old soldiers and his clear condemnation of the evil of the enemy poured soothing oil on the previously open wounds - he was one with them.

It may well be that many an elderly survivor of the terrible events of the Burma War went home with a lighter heart and a memory to pass on to his family and friends. Certainly some come back to observe the plaque in the chapel at St Lawrence Jewry Without Guildhall to read the inscription: "Far away you were but ever near, your deeds will never die for us who worship here".

The Bishop of London will always be a friend to the Veterans of Burma - a man of the people and an inspiration to those who felt forgotten.

The Rt Revd & Rt Hon Richard Chartres DD KCVO was ordained in 1973. Consecrated Bishop of Stepney in May 1992 he was translated to London in November 1995, becoming the 132<sup>nd</sup> Bishop of London. He has been Dean of HM Chapels Royal since 1996.

## 20 MPH SPEED LIMIT IN SQUARE MILE FROM 20<sup>TH</sup> JULY

On 20<sup>th</sup> July the City will implement a 20 mph speed limit in almost all of the City, as part of its road danger reduction plan. It is estimated that this will reduce accident casualties by 7%, or thirty per year, with a small increase in journey times, as average spot traffic speed is 21.9 mph. The new speed limit will be enforced by City of London Police.

The east to west route of the A3211 (Tower Hill, Lower Thames Street, Upper Thames Street and Victoria Embankment), part of TfL's road network, will remain a 30 mph route, as will the lanes and alleys between this route and the river, and the A1210 (Mansell Street, Goodman's Yard and Minories) but TfL will experiment with a 20mph limit on their two north to south routes through the City – Farringdon Street to Blackfriars Bridge and Norton Folgate to London Bridge.

New road signs will be in place for 20<sup>th</sup> July.

## NOTTA LOTTA

Stewardess is the longest word that can be typed with the left hand.

Most artists are left handed.

There are eight times as many atoms in a teaspoonful of water as there are teaspoonfuls of water in the Atlantic.

Lightning strikes the Earth 8.6 million times a day or about 100 times a second.

Cows only eat grass but have 25,000 taste buds: two and a half times as many as humans.

**The Smithfield Gazette** invites tenants, staff and others to forward information regarding personal news and events for inclusion in the Gazette. Your stories are of great interest to your colleagues and will go unnoticed without your input. Who's getting married? Is there a new baby? Are you looking for sponsorship for a charity event? Let us know by email [smta.smithfield@btconnect.com](mailto:smta.smithfield@btconnect.com), telephone 020 7248 3151, or by mail to 225 Central Markets, London, EC1A 9LH.

## MESSAGE FROM NEW CHAIRMAN OF MARKETS COMMITTEE

May I begin by saying how delighted I am to be returning to the Markets Committee after a gap of nine years. Those with long memories may recollect that I served as Deputy Chairman under Daniel Caspi, since when I have chaired two Grand Committees, the Libraries, Archives & Art Gallery Committee and the Culture, Heritage & Libraries Committee. Consequently I have benefitted from significant on-the-job training as a Committee Chairman now that I have the privilege of chairing the Markets Committee.

Since being elected I have discovered that those not intimately connected with the inner workings of the City believe that I am somehow responsible for all the markets in the City, be they financial or commodities, an impression I have sought to dispel given the somewhat mixed reputation of other markets.

Whatever the product being traded in, vibrant markets are a vital part of the success of any world-class city and those that deal in the food of life are even more of a necessity. The annual visits by the Committee enable us, as elected Members, to see for ourselves what the markets are all about, as opposed to just shuffling papers round a Committee table.

Following last year's elections we have a considerable number of new and enthusiastic members who share the Committee's belief that it is our job to help our traders deliver the right products at the right price to their customers.

Since my wife and I run our own SME we are very conscious of the effect that the recession has had on many businesses. The signs are that the economy is turning and fortunately food and even flowers come higher on the list of necessities than other more discretionary spending. As Chairman I am committed to the long-term prosperity of all our markets and while there are always challenges ahead, we will do all we can to assist our traders as they seek to grow their businesses so that we can all prosper together. It would be remiss of me not to thank Hugh Morris, who is staying on as Deputy Chairman, for all the work he has done over the past three years and whose wise counsel will be of great help to me, and also Michael Hudson for his dedication as the immediate past Deputy Chairman.

John Scott CC

## **REMEMBERING ANNIVERSARIES**

Everyone remembers their first time. Mine was a decade ago, a very tentative beginning of what has now become my full-time job. I never thought I'd be so lucky. It was on the 4<sup>th</sup> of July 2004 that my first ever article appeared, taking up an entire page of the FT Weekend edition, when the Food & Drink section still was in the pink broadsheet pages.

That weekend was the 50<sup>th</sup> anniversary of the end of rationing that had carried on in war-deprived Britain all the way from 1940 until 1954. The poignancy of that date got me my first journalistic commission ever – with its mix of topicality and inherent juxtaposition of today's wasteful abundance of taken-for-granted food and a time of meagre rations, true austerity, hunger and privation.

The act of the editor, the wonderful Richard Addis, to commission a previously unpublished but doggedly persistent wannabe writer is a testament to his guts and an encouragement to every aspiring journalist out there.

My feature focused on the human interest of the story, of the triumph of imagination over bleakness, of cooks who made the most flavourful meals they could muster with what was on hand. The word 'seasonal' then was less of a trendy aspiration and much more of a harsh reality.

My research was both theoretic and practical: my editor had suggested I cook a wartime meal which turned out to be 'Hunters' Rabbit' from Constance Spry's wartime cookery book "Come into the Garden, Cook" (published 1942), rabbit pie with a lard crust, a soup of pea pods and a pudding fashioned from rhubarb, gelatine and powdered milk from "Farmhouse Fare", a collection of recipes from "The Farmers Weekly", published in 1946.

The newspaper archive (then still on micro-fiche in Colindale) offered fascinating insights: advertisements for "real" cream - there must have been children born who had never tasted it until they were teenagers, kids grown up whose fondest food memories were spam fritters.

The real fun though, was interviewing people: a former land girl who remembered "mashed bananas" as a treat, made from pureed parsnips and banana essence and who assured me that "in London,

extraordinarily, eggs used to fall off the backs of lorries and never get broken."

Peter Martinelli, veteran butcher of Smithfield recalled "one hell of a noise, porter carts and all. It was complete and utter pandemonium, because every butcher, even the younger ones wanted to see the opening day." It was heartening to know that the publication of my very first article helped Martinelli's case of getting the anniversary recognised.

The end of rationing in Britain will soon celebrate its 60<sup>th</sup> anniversary (on the 3<sup>rd</sup> of July): I will be able to celebrate my tenth anniversary as a published writer – yes, I have managed to make this my career and I now write almost exclusively about wine – and all of us should remember how lucky we are to live in a peaceful and stable country where, for most at least, hunger is no longer a problem.

Let our affluence and the abundance of foodstuffs from all over the world remind us to show both respect and gratitude – and let us be the best cooks we can be. As I wrote ten years ago: "It has become quite clear that not abundance but the desire to eat well makes us good cooks."

Anne Krebiehl  
[www.anneinvino.com](http://www.anneinvino.com)

The FT article can be viewed as a pdf here:  
<http://www.anneinvino.com/wp-content/uploads/2013/03/Financial-Times-Have-We-Ever-Had-it-So-Good-2.pdf>

Anne Krebiehl is a freelance wine writer and educator: her work has been published in Harpers Wine & Spirit, The World of Fine Wine, The Drinks Business, Imbibe, Wine Enthusiast, Fine, Spectator Scoff!, Sommelier India, Decanter, Weinwelt, Vinum, Connoisseur Magazine and the London Evening Standard. She also works as a wine consultant for London restaurants, as a translator for wine-related texts and as wine lecturer and presenter. An accredited member of the Circle of Wine Writers and the Association of Wine Educators, she holds the WSET Diploma and is enrolled for studies at the Institute of Masters of Wine. She has harvested and helped to make wine in New Zealand, Germany and Italy.

## LORENZ HART 20<sup>TH</sup> CENTURY MAN OF MUSIC

June has finished "bustin' out all over" but the words of Oscar Hammerstein working with composer Richard Rodgers helped create a musical which captivated a world recovering from WWII and reminded us of the power of light music.

"Carousel" was a fabulous success and thrilled millions longing to embrace peace. The score included wonderful melodies including "You'll Never Walk Alone", now almost a hymn around the world.

Rodgers & Hammerstein became the 'Sound of Music", a memorable partnership, but in the eyes of many it remains secondary to Rodger's collaboration with Lorenz Hart, his first lyricist, an extraordinary talent, whose work reached heights of genius.

Lorenz Hart wrote the beautiful, sometimes cynical, words which transformed melodies into memories and painted pictures of desires, failed or achieved, onto a canvas of music composed by Richard Rodgers to bequeath to everyone the sharing of a magical experience.

A Reminder of just a small part of his famous lyrics: Blue Moon, Mountain Greenery, The Lady is a Tramp, Manhattan, Where or When, Bewitched Bothered and Bewildered, Falling in love with Love, My Funny Valentine, I Could Write a Book, This Can't be Love, It Never Ever Entered My Mind, Isn't It Romantic.

Whatever your age or background, you can still feel a throb of sensual pleasure when you recall the words matching the melodies. Think how the lyrics, married to the music, translated into hundreds of languages, somehow retain the subtlety and charm of the original.

The great composers of a previous age supported by wealthy sponsors were heard by a privileged few, but Lorenz Hart wrote the script in the twentieth century, gave all an entry into music, literature, wit and wisdom and lifted the hearts of men and women everywhere.

Be who you are and say what you feel  
because those who mind don't matter and  
those who matter don't mind.

Dr Seuss

## SIXTY YEARS AGO THIS MONTH

Exactly 60 years ago meat was de-rationed. On 4<sup>th</sup> July 1954 Smithfield awoke from its wartime slumber and re-opened at midnight, a time at which it had never before opened. Butchers starved of choice, quantity and quality, descended on the market in droves.

The scene of buyers jostling to grab a bargain was electric. The astonishing way in which tenants adapted their pre-war skills to a new world of released hungry butchers, many novices, was remarkable.

In a matter of days the reality of trader/worker relationships became the major problem. The Union called a strike and set the scene for years of dispute. Once again the combination of City and Smithfield provided the solution which culminated in our present day Market.

We are all faced with a series of great opportunities – brilliantly disguised as insoluble problems.

John W Gardner

## VIEW FROM A CATERING BUTCHER

As we approach the centenary of the commencement of WWI it is difficult to imagine the role that Smithfield played in supplying the world's richest and largest city. Meat was imported from all over the British Empire arriving at docks and then often completing the journey to Smithfield by rail into the underground bowels of the market.

The meat was collected by butchers and sold all over the city. In those days without fridges people shopped on a daily basis and more than 98% by value was eaten inside the home. Only the rich ate in restaurants! Today in the City of London it is estimated that as much as 95% of meat is eaten outside the home. Can you imagine the logistics of supplying meat to the tens of thousands of restaurants in this thriving city?

I am proud to be a part of the National Association of Catering Butchers who have risen to this amazing challenge and carry this out in an efficient, hygienic and cost effective way, helping to add tens of millions of pounds to our gross national product.

Peter Allen

*Chairman, National Association of Catering Butchers*

## EDITH CAVELL A HEROINE OF WWI

Take a moment to visit St Martin's Place, just off Trafalgar Square - enjoy the magic of London and its devotion to heroes past and new. Stop for a moment opposite the National Portrait Gallery at the memorial to Edith Cavell, dressed in a nurse's cloak, who was executed by firing squad on 12 October 1915 and died to ensure the lives of Allied and German soldiers knowing her actions could be seen as treasonable.

When Germany invaded Belgium in 1914 Edith Cavell worked at the Red Cross hospital in Brussels caring for soldiers from Belgium, Germany, France and Britain. Despite warnings of the danger, she was persuaded to help even those unwounded Allied soldiers to escape.

She was arrested by German police in August 1915 and held incommunicado for ten weeks. Efforts to see her by Brand Whitlock the American minister to Belgium and her defence lawyer were denied. At the trial, which lasted only two days, Edith Cavell openly admitted she had helped 200 men to escape, was found guilty of treason and sentenced to death. Despite pleas from Belgium and American and British diplomats, on 12 October 1915 the death sentence was carried out.

The words on the monument are part of her final words of 11 October 1915:

"They have all been kind to me here. But this I would say, standing as I do in view of God and eternity, I realise that: patriotism is not enough, I must have no hatred or bitterness towards anyone."

Edith Cavell, 4 December 1865 to 12 October 1915

### **Edith Cavell £2 Coin?**

The Chancellor has agreed to consider adding Edith Cavell to the list of designs for the new £2 coin. The coins are due to be issued over the next five years to mark the Great War.

## WAS THERE A SMITHFIELD PALS BATTALION?

Past Master of the Worshipful Company of Butchers and President of the Smithfield Market Tenants' Association, John Brewster OBE, has discovered a medallion via the Butchers Company titled "Smithfield Pals" which begs the question, was there a "Smithfield Pals" battalion? So far our research has not been able to find one.

At the outset of WWI, unlike other European countries, Britain had no military conscription. General Kitchener, he of the iconic poster with his finger pointing at you, needed men. Sir Henry Rawlinson suggested that men would be more likely to join up with a group of friends. So it was that in August 1914, 1600 men of the City of London enlisted in the Royal Fusiliers - the "Stockbrokers" Battalion." The "Pals" Battalions were born. They didn't live long.

Medallions were made after the war as mementoes for the families and survivors of those who fought and died. This medallion does not necessarily mean there was a "Smithfield Pals" battalion. We have not yet traced a Smithfield volunteer who was involved but there certainly must have been some who responded to the call to arms.

The most tragic of the "Pals" battalions was surely the Accrington Pals sent into action on 1<sup>st</sup> July 1916, the first day of the battle of the Somme. Of their 720 men, 584 were killed, wounded or missing.

The Gazette team would welcome any leads and asks anyone who can trace a relative who served in WWI to contact us on 020 7248 3151

### **Meat Trade Photo Archive**

Norman Finnimore is a meat historian who since his retirement as a butchery manager for both private and multiple companies has compiled an album of 1000 photos on FLICKR covering the meat trade over a number of years. He has researched the origins of the large companies of his day including Vestey Group, Eastmans, Dewhurst, Baxters and CRS Ltd as well as West Layton, Gunners, Mansons, Matthews and the large processors. Norman is always looking to add to his files and would appreciate any new information. He can be emailed at [norman.finnimore@yahoo.com](mailto:norman.finnimore@yahoo.com).

## DIARY OF THE GREAT WAR 1914-1918 – PART 3

### **July 1917**

- 2<sup>nd</sup> Pershing requests a US army of one million, later suggests three million should be the goal
- 6<sup>th</sup> Arab rebels led by Lawrence of Arabia seize Aqaba
- 31<sup>st</sup> Passchendaele offensive (Third Battle of Ypres) opens in Flanders

### **September 1917**

- 1<sup>st</sup> Pershing establishes general headquarters at Chaumont

### **October 1917**

- 3<sup>rd</sup> US War Revenue Act; graduated income tax authorised
- 24<sup>th</sup> Austria-Hungary reinforced by German units breakthrough at Caporetto on the Italian front

### **November 1917**

- 2<sup>nd</sup> Balfour Declaration: Britain supports Jewish national home in Palestine
- 7<sup>th</sup> Bolsheviks seize power in Russia  
Allied Supreme War Council created at Rapallo, Italy
- 17<sup>th</sup> Battle for Jerusalem
- 20<sup>th</sup> British launch surprise tank attack at Cambrai

### **December 1917**

- 7<sup>th</sup> US and Austria-Hungary at war
- 9<sup>th</sup> Jerusalem captured by British
- 22<sup>nd</sup> Central Powers and Soviets open peace negotiations at Brest-Litovsk

### **January 1918**

- 8<sup>th</sup> Wilson's fourteen points speech to joint session of Congress

### **February 1918**

- 11<sup>th</sup> Wilson's four principles speech to joint session of Congress

### **March 1918**

- 3<sup>rd</sup> Soviet Russia and Central Powers make peace with Treaty of Brest-Litovsk
- 21<sup>st</sup> Germans launch first of their great 1918 assaults against British (Battle of Picardy)
- 26<sup>th</sup> Doullens Agreement gives General Foch co-ordinating authority over the western front

### **April 1918**

- 9<sup>th</sup> Germans launch second assault of their 1918 offensive (Battle of the Lys) in British sector of Armentieres
- 14<sup>th</sup> Foch appointed Commander-in-Chief of Allied Forces on western front

### **May 1918**

- 16<sup>th</sup> US Sedition Act; amendment to 1917 Espionage Act
- 25<sup>th</sup> German U-boats make first appearance in US Waters
- 27<sup>th</sup> Third phase of 1918 German offensive (Third Battle of the Aisne) begins in French sector along Chemin des Dames
- 28<sup>th</sup> First American attack on western front: 28<sup>th</sup> Regiment of US First Division captures the village of Cantigny

## SMITHFIELD'S POLISH BUTCHERS

Smithfield butchers chop and cut during the early hours in cool rooms where sawdust doesn't exist and no refreshment is allowed. A number of these workers are Polish, employed by Smithfield tenants.

The story of Polish/British alliance is sad indeed. Today's Poland is not the land Britain went to war for. That nation was created by politicians at the end of WW1 and carved up again by their successors to accommodate Stalin the Russian dictator at the end of WWII.

The courage and patriotism of exiled young Poles, following the Nazi invasion of 1939 when hundreds of their young men sacrificed their lives to support the Allied cause, is legendary. Polish pilots were the best trained in Europe and their contribution to Fighter Command was a major factor in the survival of the City of London.

The Poles of 1939 knew only too well that both Germany and Russia sought their destruction. The Polish believed Great Britain, allied to the French, would overcome their enemies, but when the Nazis invaded, the promised support of the Allies failed to appear.

The story of the Warsaw uprising and the unforgivable lack of action by the Allies will never be erased. Polish heroes perished and the promise of British support melted like snow on a furnace.

Victorious politicians, including a weary Winston Churchill, bowed to Russia's leader, the mass-murderer Stalin, at the Yalta conference in February 1945 and gave away the rights of the brave heroes of Poland.

Smithfield Market remembers friends of the past and welcomes new generations to help re-create the Great Britain that once was.

### **For the Fallen by Laurence Robert Binyon**

They shall grow not old, as we that are left grow old:  
Age shall not weary them, nor the years condemn.  
At the going down of the sun and in the morning  
We will remember them.

### **Laurence Binyon**

Born Lancaster in August 1869. Educated at Trinity College Oxford. Too old to join the BEF, he went to the Western Front as a Red Cross medical orderly. These words are part of his poem published in "The Times" September 1914 written as a reaction to the horrendous casualty rates of the BEF at Mons and Le Cateau.

## NEWS IN BRIEF

**Butchers' Hall** will be closed for up to four years from January 2015 in connection with the Barts Square development works.

**Urban Leisure Group** has opened bar and restaurant Ask For Janice on the Long Lane side of the Market, with a take-away sandwich and pastry counter.

**New UK mushroom species** – Andy Overall, head of the London Fungus Group, discovered the *Cortinarius irregularis* mushroom while conducting an environmental fungi survey for the City's Hampstead Heath Ponds Project. The mushroom had not been found in the UK before.

**Harriet Bowley**, who works in the SMTA office, will be running the 10K Race for Life in aid of Cancer Research on 13<sup>th</sup> July. If you would like to sponsor her, please go to <http://www.justgiving.com/harrietbowley>

### **Owen Laurence Ferris**

Owen Ferris, who died recently, was one of the characters of the vigorous Smithfield traders group in the early sixties and was loved by all. Anyone who came into contact with his style and humour will sincerely regret his passing.

There will be a memorial service at the Priory Church of St Bartholomew the Great, West Smithfield, London EC1, at 11am on Friday 17<sup>th</sup> October 2014, followed by a light buffet lunch (only available to those attending the service) at Butchers' Hall, 87 Bartholomew Close, London EC1A 7EB (courtesy of New Zealand Farmers Ltd). Attendance should be confirmed by email to [martyn.saines@btinternet.com](mailto:martyn.saines@btinternet.com)

### GAZETTE BY EMAIL

If you would prefer to receive the Gazette by email, please email us to request this at [smta.smithfield@btconnect.com](mailto:smta.smithfield@btconnect.com)

### DIARY

**16 Jul SMTA Council Meeting**  
**16 Jul Markets Committee**  
**17 Jul Lord Mayor's visit to Smithfield**  
**17 Sep SMTA Council Meeting**  
**19 Sep Markets Committee**  
**22 Oct SMTA Council Meeting**  
**19 Nov SMTA Council Meeting**  
**26 Nov Markets Committee**

## TAIL PIECE

We are born without involvement in our creation. There is no choice, the cards are dealt and how you use them in the game ahead is in your hands. Of the factors within your command, the most important is your ability to choose. So pause, consider, learn and enjoy the ride.

If you want happiness, stop feeling sorry for the cards you have, because self-pity is a creeping enemy that destroys natural optimism. Even though you have the power to decide the way ahead, there is already a set agenda, dictating essentials including basic needs of food and drink, warmth and clothing, love and sex, knowledge and faith. The challenge to succeed is overwhelming and exciting.

Joseph Addison who created the Spectator wrote "Tis not in mortals to command success, but we'll do better, we'll deserve it".

Cast aside concerns, determine your future - be your own person, become what you wish to be. Hear this loud and clear: this is the lesson of life for everyone. You reap what you sow! Sound familiar? Yes indeed! But this I teach to all - you will receive what you give.

Say yes to every invitation, yes to every request, yes to every favour, say yes to life, go with the flow and enjoy every moment. I simply do not care how much you detest whoever, only you are creating this problem. Here's the answer, kiss and make up! No-one except you can lower your confidence - stand tall and be brave.

The road ahead leads to the final goal. The journey is far from straightforward, the twists and turns will become the story of your life. The cards are dealt but the choice as to how you play is yours and what a powerful authority you possess to deal with each twist.

Others will tell you your fate is predetermined - don't believe a word of it! Your life is in your hands and you alone can make it better or worse, a marriage blessed by brain and soul. Young or old, fit or frail, rich or poor, you possess the power of self-belief.

"Follow your bliss" - three simple words. Bliss is whatever you know that makes you happy, just be brave enough to do it and do it now. At the end of your journey you may never regret what you did but more likely what you did not do, so lift your chin and do it your way.

I would be pleased if you could remember that.

*Yours as ever,*

*Fred*